

# PRACTICAL SIMPLICITY NEWSLETTER

Fall Issue 2010

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## What I am up to:

### Watching:

"On the Shoulders of Giants" with Todd Friel

### Reading:

"When Sinners Say "I Do" by Dave Harvey

### Listening to:

Keith Green "There is a Redeemer"

I Enjoy: Writing letters to my dear sisters in Christ!

## My First Newsletter Issue!!!! YAY!

I am sooooo excited to now bring my dear supporters and customers my very first issue of "Practical Simplicity Newsletter!"

It has been in the works for a while now as I have felt this would be one great way of sharing what is going on in my business, whether it be a new product and working on future projects! This also gives you a small glimpse into my life as I share some yummy recipes and what the Lord has been doing in my life. I would also love to share other Christian family businesses with y'all as well!

Everyone is more than welcome to submit any product reviews of my products, or ideas you might have for this newsletter to better improve it to give my readers the most enjoyment by

e-mailing me at :

[mail@practicalsimplicity.com](mailto:mail@practicalsimplicity.com)

Your feedback would be most appreciated!

I pray that this newsletter would be a blessing and encouragement to all who read it and that y'all would have a better understanding of my business and the products I make!

So sit back, grab a nice cup of tea, coffee, or whatever you would prefer, and join me in this first newsletter issue, won't you?



**Some lovely fall flowers!  
(Unless noted, all photos/images are copyrighted and must have permission by the photographer (myself) to use)**

*"Oh give thanks to the Lord,  
for he is good;  
for his steadfast love endures  
forever!"*

*1 Chronicles 16:34*



## Fall is Here Already!?

WOW, ok I am not sure if I am the only one, but did Summer just pass by super fast or what? My how time flies!

Now we transition from the warmth and sunshine of summer, the sand between your toes, ice cream and other yummy goodies to keep you cool and the "lovely" hue of red that comes from the days work in the sun, to the weather cooling down, leaves beginning to change to beautiful shades of reds, oranges, and yellows (well,

everywhere but here in Southern CA, they just turn brown), the smell of pumpkin pie and other sweet treats drifting through the house, working on the fall planting in the garden and the last preparations for winter begin! \*happy sigh\*

I enjoy so many things about each season as they come and go, and am looking forward to enjoying the cooler weather and putting up fall décor throughout the house (well, what has not been packed away just yet!) and

pull out my fall clothing that has been put away all year long can finally come out too! :) YAHOO!

You cannot forget about Reformation day too! :)

Another thing that I have been cooking up is a few new items for my Etsy shop! So take a peek inside (pg. 4) my newsletter to see what I have been working on!

## Giving Thanks in the Hard Times



TN Woods

*“these are the times the Lord gives us to grow and mature in the faith. As Christians, trials such as these and more only strengthen us and sustain us in God’s word and remind us to fully put our trust in Him in ALL things.”*

Our moving situation at times is really hard (I cannot believe it has been a year since the mobile went up for sale!).

For those of you who do not know what I am talking about, my family and I are going to be moving to TN with our grandparents as my grandma has severe dementia. We feel it is time to move in together to take care of her properly and just fell in love with TN last year! We pray to be there soon once our grandparent’s mobile home sells here in CA!

With packing at both households, having open houses weekly, and taking care of grandma (while giving grandpa a nice break) and normal every day things at home it can get quite stressful and tough at times (especially when my little business suffers too at certain points)! We know the Lord has a special plan for our family and knows the right time for our move and so we are thankful to the Lord, knowing it could not be in better hands, but sometimes it is hard to stay content where we are knowing our hearts are elsewhere.

Have you ever felt this way? If so, you are not alone, and in

fact these are the times the Lord gives us to grow and mature in the faith. As Christians, trials such as these and more only strengthen us and sustain us in God’s word and remind us to fully put our trust in Him in ALL things ALL the time.

***“Fear not for I am with you; be not dismayed for I am your God; I will strengthen you, I will help you, I will uphold you with My righteous right hand.”***

*Isaiah 41:10*

***“Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. “***

*Proverbs 3:5-6*

These verses and many more have been continually on my mind and help keep my focus on His will for my life and give my family hope for the things to come each and every day!

So, when you are feeling down, not in the best of health, or life seems to keep from slowing down any time soon and you just want to scream, remember the Lord is with you and will

never leave you or forsake you. No matter how hard life might be at this moment in your life, lean on our Savior for strength and He will sustain you and comfort you in these hard times.

With thanksgiving around the corner there is so much to be thankful for this year in our family.

So what am I thankful for this year?

*I am thankful for a loving family that stick together like glue and work things out together and read His word and abide by it.*

*I am thankful to know my grandparents and to be given the honor and privilege of taking part in the care of my grandmother who I love so very much .*

*I am thankful for this time in my life to grow and learn patience and understanding in waiting for the Lord’s timing in our move and dealing with what needs to be done now and not just wait around procrastinating doing nothing.*

*I am thankful for the life God has blessed me with..... What about you?*

What are you most thankful for this year?

***Check out some of my customers favorite products below! :)***



**Brown Sugar Body Scrub**

Now only \$10



**Lip Flops**

(chocolate available)  
\$1.00



**Facial Scrub**

Now only \$10

## Pumpkin Spice Roll Cake

This has to be one of our family favorites to look forward to every fall season and I hope you enjoy this yummy treat as well!



Doesn't this look so delicious!  
(Image found on Google)

### Ingredients:

- 3/4 Cups sifted all-purpose flour (or flour of choice)
- 1 tsp. Baking Powder
- 2 tsp. Ground Cinnamon
- 1 tsp. Pumpkin Pie Spice
- 1 tsp. Ground Nutmeg
- 1 tsp. Salt
- 3 Eggs, lightly beaten (room temp.)
- 1 Cup Sugar
- 2/3 Canned Pumpkin
- 1 Cup Chopped Walnuts (optional)

Preheat the oven to 375 de-grease. Grease a 15x10x1 inch jelly-roll pan. Line with wax paper; grease and flour the wax paper.

Sift flour, baking powder, cinnamon, pumpkin pie spice, nutmeg, and salt. In a bowl. Beat eggs and sugar together in separate bowl, beat in pumpkin. Stir in dry ingredients all at once. Pour into prepared pan and spread evenly with rubber spatula.

Bake in preheated oven (375) for 15 minutes or until center springs back when lightly touched with your fingertips.

Loosen cake around edges with a knife. Invert onto clean damp towel dusted with confectioners sugar (powdered sugar); peel off wax paper. Trim 1/2 inch from all sides. Roll up cake and towel together from short side. Place seam side down on wire wrack; cool completely.

Unroll cake. Spread with cream cheese filling. Reroll cake and refrigerate until ready to serve.

You can also sprinkle confectioners sugar to the outside for a fun look!

### Cream Cheese Filling

Beat together 1 cup sifted confectioners sugar, 1 package (8 oz.) of softened cream cheese. 4-6 TBL. Butter and 1 tsp. vanilla until smooth. Add nuts if desired.



Share this yummy treat at a party or family get-together!

Everyone will enjoy this dessert!

(Image found on Google)



“Come thou fount of every blessing, tune my heart to sing thy grace; Streams of mercy never ceasing, call for songs of loudest praise....”

## A Song of Thanksgiving

### “Come Thou Fount”

1. Come thou fount of every blessing, tune my heart to sing thy grace; streams of mercy never ceasing, call for songs of loudest praise. Teach me some melodious sonnet, sung by flaming tongues above; praise the mount! I'm fixed upon it, mount of God's unchanging love.

2. Here I raise my Ebenezer; hither by thy help I come; and I hope by thy good pleasure, safely to arrive at home. Jesus sought me when a stranger, wandering from the fold of God; He to rescue me from danger, interposed His precious blood.

3. O to grace how great a debtor daily I'm constrained to be; let that grace now like a fetter bind my wandering heart to thee. Prone to wander, Lord I feel it, prone to leave the God I love; here's my heart, O take and seal it, seal it for thy courts above.

Amen



## A Few New Items!!!!

Yup, that's right I am adding these lovely little tissue covers (image on right) to my shop and I am so excited! I cannot even begin to tell you how useful these things are.....no kidding! I have two, one for each purse that I own and love them! Why keep the poor, and sometimes boring plastic wrapping that won't last a day (seriously, those "sticky tabs are not so sticky) and I am forever swimming in random tissues that I come across in my purse that don't belong there. With these tissue covers it gives a unique style to your tissue, makes it nice and puts it in it's place so it won't slip around your purse, and I make each one with lots of love and care.

These are also washable!!! When it gets dirty, just toss it in with your other things and it is as good as new! Try that with plastic and you won't get very far! :)

If you are interested, e-mail me and I will send you a full list of photos of the colors and patterns I have for my tissue covers to make sure you get the right one (or two) that



**Adorable tissue covers includes a pack of tissue inside!**

**\$3.50 ea. Or 2 for \$6  
Insider special!  
(e-mail me to get this deal)**

As you know, I have wanted to start making some sewing items for my business for quite some time now and have already added some of my hand embroidery to start with! Well, I am happy to announce my first two fall skirts!!! I LOVE these skirts not just for how pretty they are, but for their durability and modest style! You can't go wrong with both these skirts and I use the patterns often for myself and family too!

I have added some lovely fall crocheted cloths and scarves to my shop as well. I hope y'all enjoy them!

The next new item is my seasonal "Maple Nut" Lip balm that is just as great as the rest of the lip balms I make and has a nutty, fall smell to it that will make you wish fall was all year! As you might have noticed, you can no longer purchase my Orange, or chocolate lip balm at this time as I am going to bring those out seasonally so you can only get them for a limited time throughout the year! I do still have some of these flavors however and am now giving them at a discounted price (for you readers) at the amazing price of \$2!!! But hurry as this will only last until the specific lip balms are gone until next year so e-mail me letting me know what ones you would like soon before they are gone!

Vanilla lip balm and lip flops are year round!



**One of my lovely skirts for sale at \$35  
Waist 28", Hips 30", Length 31"**

**Visit my Etsy shop:  
<http://www.etsy.com/shop/PracticalSimplicity>**



*"...that's right I am adding these lovely little tissue covers to my shop and I am so excited!"*

## Business Highlight!

My first business highlight is of a wonderful Christian family who the women of the home love to sew, and create many things with fabric. They are such a joy to be around and get to know as well. I am talking about the Long Ladies of "Marie Madeline Studio"!

I had the blessing of meeting these lovely ladies at the NCFIC conference in Dec. of last year and have formed a dear friendship with them ever since! I

have purchased some patterns, some fabric, and a couple custom items from them and was so pleased, knowing the love and care they put into their products just shines forth from their business and into their products! I would highly recommend this sweet business for any of your sewing needs (or wants too).

So stop by their website or blog and have a look around wont you? I know you will just love

what they have to sell!

You can also see an interview I did with these lovely ladies on my blog [HERE](#)



**Visit their site at:  
[www.mariemadelinestudio.com](http://www.mariemadelinestudio.com)  
Don't forget to see their blog too for sales and updates!**

## Simple Yet Lovely Fall Craft!



♥ What a pretty fall votive ♥

Time to make: 20 min. (at the most)

This is such a simple, yet neat way of making your home feel so homey, warm, and inviting this fall season!

I hope you enjoy making this lovely fall votive!



First, add popcorn to jar.

Second, place small candle in the center of the jar and press into the popcorn so it stays in place. Adding a contrasting colored candle makes this votive pop out and look very nice!



### Items you will need:

- 1 Pint Jar
- 1/2 Cup Popcorn (I used multi colored to give a more festive look)
- 1 Small Candle, or tea light
- 24" in. Raffia and scissors for trimming



Lastly, add raffia in a pretty bow and you are done!

How easy was that!? Now you have a very festive votive for your home or to give as a simple gift!

(see photo to the far left for finished craft project!)

### Other Ideas:

This votive is so versatile, you can use basically anything you wish!

Add some glass pebbles, small rocks, small nuts or dried beans instead of popcorn in the bottom of the jar for a wonderfully different look.

Use ribbon instead of raffia to give a little more class.



*"This is such a simple, yet neat way of making your home feel so homey, warm, and inviting this fall season!"*

## New Horizons

Both I and my family have been praying about this for a while and are now spreading my business to new horizons in preparation of my new web-site layout!

Andrew (one of my brothers) and I are working on a new and improved web-site that will be coming in the next year or so and I am so excited!!! To the left is the new web-site/blog button that will be changing once the rest of the site is finished! You can still visit the web-site, you just wont see any new changes as we are working behind the scenes!

You can now find "Practical Simplicity" and myself on Facebook and Twitter (look up SimplicityFHG on twitter) for more updates and insights on my business!!!!

This will strictly be kept for business with a few fun posts from other Christian businesses I support whether it is a sale or giveaway of some kind but is meant for spreading the word about my little business!

This is one way I pray I will spread the word and hope all my words and actions on these networks are glorifying to my

Lord (as you should know, this is really His little business).

### A little info. About this newsletter:

This is a seasonal newsletter and so you will receive only 4 issues a year.

Blessings in Christ,

Miss Antoinette



My new logo/button for the web-site/blog!!!

FALL ISSUE 2010

*Practical Simplicity*  
"Simply Practical Products"

Miss Antoinette K.  
1505 W. Alexis Ave.  
Anaheim CA 92802



Phone: 714-319-5711  
E-mail: mail@practicalsimplicity.com

VISIT US ON THE WEB!!!

WWW.PRACTICALSIMPLICITY.COM

*Spread the Word/Coming Next issue....!*

I would LOVE your feedback on this newsletter from each one of my dear readers. If you know of friends or family that would enjoy this, share it with them or have them contact me to be added to the list of subscribers at any time, the more the merrier right! :) )

You can also find my website at this wonderful new site put up by the Winton Family : christianhomeindustry.com

Do you have any ideas or reviews of my products that you would like to share? Feel free to e-mail me with your thoughts or ideas and they just might end up in my next newsletter (unless specified as to be kept private) You can also request business cards to pass

out to friends and family as well!

**Here is what is coming in my winter issue of "P.S. Newsletter":**

Winter recipes

Winter business projects

Fun winter crafts for the entire family

Christmas Time is here!

New business highlight (a neat Etsy shop!)

Much, much more it is going to be a BIG one!! I will need your help, so please send in your ideas for this next issue soon!! :) )

I cannot wait to hear from you!

*Many Thanks!*

*I personally want to thank each and every one of you for subscribing to this newsletter and hope you found it encouraging and a great way to view my products!*

*This business would have not been possible if it were not for my dear Savior placing it on my heart to start this business, and for my loving parents who support me all the way and who I confide in, and all of you dear readers who are such a blessing to me!*

*Thank you, thank you , THANK YOU!!!!*

*Your sister in Christ,*

*Miss Antoinette K.*

*Please e-mail me if you have any questions! I LOVE hearing from my readers!"*



**Me and my dear Mother! :)  
Taken in 2009**